

Your Most Valuable Asset Is Good Health...Invest In It Wisely

NATUROPATHIC MEDICINE treats the WHOLE PERSON with natural therapies to stimulate your body's innate healing capacities. Management of lifestyle, diet, exercise and stress are addressed with each patient. I educate my patients about prevention & appropriate Self-care for the human body/mind, restoring a sense of confidence on the Healing Power of NATURE.

Nutrition—The Source That Nourishes

Creating a Plan for your Body Type
Practical Solutions for creating optimum health, energy, clarity.

Gentle Acupuncture Treatments

Re-Establish the Balance of the Internal Energy of your Body.

Herbal Prescription

Chinese and Western Formulas to treat both acute and chronic complaints safely and without side-effects.

Constitutional Homeopathy

Freedom on the Mental, Emotional & Physical Levels
Medicines made from all natural substances which act to stimulate the the body's own ability to maintain health & vitality.

Health & Well Being

EVERY DISEASE IS A GOAL-ORIENTED BIOLOGICAL PROCESS.

It is not to be feared, but to be understood.
When we understand dis-ease we can align ourselves
with our disease processes and actually use them to move
us toward Vibrant Health.

Rid yourself now of problems of overweight, fatigue, digestion
skin, sinuses, menses & menopause,
candida, anxiety, depression, allergies, insomnia
addictions, and pain.

The body's own healing energies are ultimately responsible
for lasting balance and re-vitalization.

NATUROPATHIC HEALTHCARE
ACUPUNCTURE · HERBAL MEDICINE · HOMEOPATHY · NUTRITION

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